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Question: 1

The "G" component of the Apgar score stands for

- A.Grimace
- B.Grasp
- C.Good respiratory effort
- D.Growth

Answer: A

Explanation:

The components of the Apgar score are as follows: A indicates appearance or color; P, pulse or heart rate; G, grimace or irritability; A, activity or muscle tone; and R, respirations.

Question: 2

Which of the following may be administered to a newborn with hypoglycemia and altered consciousness?

- A.25% dextrose and water
- B.10% dextrose and water
- C.50% dextrose and water
- D.Ringer's lactate

Answer: B

Explanation:

Only 10% dextrose and water can be safely given to a newborn infant with hypoglycemia and altered consciousness. Hyperosmotic agents such as 25% dextrose and water or 50% dextrose and water may cause hemorrhage. Ringer's lactate is used in the treatment of hypovolemia.

Question: 3

After an infant's head is delivered, the first line of action should be to

- A.Suction the nose
- B.Suction the mouth
- C.Cover the head
- D.Dry the head

Answer: B

Explanation:

Immediately after the infant's head is delivered, suction the mouth and then the nose to stimulate breathing. The infant's head, face, and body should then be dried; after this, the head should be covered with a blanket, towel, or hat to prevent heat loss.

Question: 4

Secondary apnea in a newborn is treated by

- A.Touching the infant
- B.Suctioning the mouth
- C.Suctioning the nose
- D.Assisted ventilation

Answer: D

Explanation:

Primary apnea occurs when a newborn is not visibly breathing and may be reversed by touching and stimulating the infant and/or suctioning. Secondary apnea occurs if oxygen deprivation continues. Secondary apnea cannot be reversed by stimulation or suctioning and may require assisted ventilation, including bag-mask ventilation with high-concentration oxygen.

Question: 5

Drug withdrawal or overdose may be treated by

- A.Antabuse
- B.Oxygen
- C.Ice immersion
- D.Ipecac

Answer: b

Explanation:

In the case of drug withdrawal or overdose, maintain the airway and monitor the patient's respiratory status; oxygen may be given by nasal cannula or non-rebreather mask as per local protocol. Ipecac is seldom prescribed for use in the field and has largely been replaced by activated charcoal and gastric lavage, usually in the hospital. Ice immersion is a form of street treatment and is ineffective. Antabuse, or disulfiram, is a medication taken by patients with chronic alcohol abuse.

Question: 6

All of the following may mimic alcohol intoxication EXCEPT

- A.Hypoglycemia
- B.Head trauma
- C.Antabuse
- D.Drug abuse

Answer: C

Explanation:

Drug abuse, head trauma, and medical conditions such as hypoglycemia and diabetic ketoacidosis may mimic alcohol intoxication; Antabuse, or disulfiram, is a medication prescribed for patients with chronic alcohol abuse.

Question: 7

In elderly patients, symptoms of which of the following can mimic those of cardiac or respiratory conditions?

- A.Alcohol abuse
- B.Drug abuse
- C.Depression
- D.Psychosis

Answer: C

Explanation:

In elderly patients, depression can present as organic illness, such as cardiac or respiratory disease.

Question: 8

The drug cocaine is classified as a

- A.Hallucinogen
- B.Stimulant
- C.Narcotic
- D.Depressant

Answer: B

Explanation:

Cocaine is the most widely abused stimulant drug; heroin, morphine, and hydrocodone (Vicodin) are classified as narcotics. LSD, PCP, and mescaline are common hallucinogens; marijuana and barbiturates are common depressants.

Question: 9

The suffix "phasia" refers to

- A.Speech
- B.Fear
- C.Order
- D.Eating

Answer: A

Explanation:

The suffix "phasia" refers to speech; thus, the term aphasia means inability to speak.

Question: 10

The prefix "endo" refers to

- A.On
- B.Swelling
- C.Within
- D.Outer

Answer: C

Explanation:

The prefix "endo" refers to within or inner; thus, the term endometrium means within the uterus.

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