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Nursing AAMA-CMA Certified Medical Assistant



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Question: 1

According to Maslow's theory of human behavior, what is considered the second-highest level?

- A. Physiological.
- B. Esteem.
- C. Safety.
- D. Social.

Answer: B

Explanation:

Food, water, sleep, and excretion are the four fundamental needs according to Maslow's Hierarchy. These needs have to be fulfilled for a person to have a sense of peace and safety. The next level includes security of oneself and the safety of loved ones. The next level includes fulfillment of relationships with family members and friends and intimacy with loved ones. Self-esteem is the second-highest level, followed by the highest level of self-actualization.

Question: 2

Which of the following is not a violation of Health Insurance Portability and Accountability Act (HIPAA)?

- A. Releasing patient information to a third party without a patient signature.
- B. Talking about a patient's condition at the nursing desk.
- C. Throwing a medical chart in a trash can.
- D. Discussing a patient's case over social media.

Answer: B

Explanation:

Talking about a case in voices at a reasonable volume is not a HIPAA violation. Talking about a case in public areas such as elevators or cafeterias would be a violation of patient privacy. Releasing medical information without consent, throwing away a chart in a non-designated trash bin, or talking about a case on social media are also violations.

Question: 3

When a medical provider asks a patient a question that requires a detailed response, what type of question is he or she asking?

- A. Open.

- B. Investigative.
- C. Direct.
- D. Informative.

Answer: A

Explanation:

There are two types of questions: open and direct. An open-ended question requires an answer with some detailed explanation or depth. A closed or a direct question requires only one-word answers such as yes or no.

Question: 4

A person who denies the presence of a negative behavior and blames it on someone else is using what type of defense mechanism?

- A. Regression.
- B. Projection.
- C. Denial.
- D. Displacement.

Answer: B

Explanation:

Projection is a type of defense mechanism where a person displays a negative behavior and blames it on someone else. For example, a woman may accuse her significant other of cheating, but she is the one who is unfaithful.

Question: 5

Which level of Maslow's theory of human behavior entails the basic needs for food, water and sleep?

- A. Self-actualization.
- B. Safety.
- C. Esteem.
- D. Physiological.

Answer: D

Explanation:

Food, water, sleep, and excretion are the four fundamental needs according to Maslow's Hierarchy. These needs have to be fulfilled for a person to have a sense of peace and safety. These needs also allow the individual to fulfill the subsequent needs in Maslow's hierarchy.

Question: 6

When speaking to someone whose native language is not English, which of the following would not be helpful in communication with the patient?

- A. Having a translator present.
- B. Speaking slowly.
- C. Writing the instructions.
- D. Using hand gestures.

Answer: C

Explanation:

If a patient speaks little or no English, chances are he or she will not be able to read it either. Speaking slowly so that the translator receives all of the information being given, using hand gestures, or drawing pictures may help facilitate communication.

Question: 7

A child who is first starting to roll over onto his or her abdomen is likely what age?

- A. 4 to 6 months.
- B. 8 to 10 months.
- C. 12 months.
- D. 18 months.

Answer: A

Explanation:

Although ages at which developmental milestones are reached vary among children, generally children start rolling over onto their abdomen at 4 to 6 months. At 8 to 12 months children start crawling, at 12 months they may start to walk, and by 18 months they can run without much difficulty.

Question: 8

What is the most common first sign of puberty in males?

- A. Enlargement of the testes.
- B. Growth spurt.
- C. Deepening of the voice.
- D. Development of body odor.

Answer: A

Explanation:

There are many signs at the onset of puberty, such as the growth of hair on the face, axilla, chest, and testes; deepening of the voice; development of body odor, and growth spurts. The most common initial sign is enlargement of the testes.

Question: 9

Which of the following would NOT facilitate communication with a geriatric patient?

- A. Using clear terminology.
- B. Repeating important phrases.
- C. Speaking slowly.
- D. Keeping the voice low.

Answer: D

Explanation:

Keeping one's voice low would not help facilitate communication in an elderly patient. Most elderly patients have hearing difficulties. When speaking to the elderly, one should speak in a loud, clear, slow voice so that no information is missed.

Question: 10

Which of the following is NOT beyond medical assistants' scope of practice?

- A. Prescribing medications.
- B. Taking a patient's vital signs.
- C. Interpreting lab results.
- D. Suturing a laceration.

Answer: B

Explanation:

Medical assistants have many responsibilities, such as taking vital signs, filing medical records, corresponding with insurance companies, as well as administrative duties. They cannot prescribe medications, interpret labs or radiological scans, insert IVs or catheters, or suture.

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