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CHPPN

HPCC Certified Hospice and Palliative Pediatric Nurse



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Question: 1

A mother tells the nurse that her husband has thrown himself into work since their son's diagnosis and never wants to talk about it, while she thinks about nothing else. She says she feels alone in the marriage. What should the nurse do?

A. Acknowledge how alone she feels, and explain that parents often grieve very differently
B. Suggest that the couple be referred to the social worker for support with their relationship and their grief
C. Acknowledge how isolating this must be and offer to arrange time for her to talk regularly
D. Explore with her how she would like her husband to be involved in their son's care

Answer: A

Question: 2

A child with advanced illness has vomiting associated with a sensation of fullness after very small amounts of feed, with relief after vomiting. What does this pattern most suggest?

A. Raised pressure within the skull
B. Obstruction of the bowel
C. Delayed emptying of the stomach
D. A chemical or metabolic cause of the nausea

Answer: C

Question: 3

Which term describes a child's agreement to a proposed intervention, sought to the extent their development allows?

A. Permission
B. Assent
C. Capacity
D. Consent

Answer: B

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Question: 4

Which finding during a home assessment most clearly indicates a need to revise a child's plan of care?

A. The child's ordered analgesic regimen has been adjusted by the prescriber since the last visit
B. A grandparent has moved into the household to help with the care of the younger children
C. The family has begun using a non-pharmacologic measure the nurse had suggested at an earlier visit
D. The family's stated goal for the child has changed since the plan was last reviewed

Answer: D

Question: 5

A nurse has become very close to a family whose child has been in the program for a long time. The parents ask her to attend the child's birthday party as a guest and to keep in touch personally afterwards. How should the nurse respond?

A. Respond warmly, be clear about what her professional role does and does not include, and discuss the request with her supervisor
B. Accept the invitation as part of supporting the family, attend the party as a guest, and decline any personal contact or correspondence once the child dies
C. Discuss with the family what they are hoping for from continued contact after their child dies
D. Decline warmly and explain that professional boundaries prevent her from attending

Answer: A

Question: 6

The school-aged sibling of a dying child tells the nurse that she thinks the illness happened because she once wished her brother would go away. How should the nurse respond?

A. Reassure her that all siblings have angry thoughts sometimes and that it is normal
B. Explore with her what else she has been thinking about her brother's illness
C. Tell her plainly that nothing she thought or wished caused the illness
D. Suggest she tell her parents how she has been feeling about her brother

Answer: C

Question: 7

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A nurse is teaching parents to give their child's ordered medications at home after a change to the regimen. Which approach best confirms that the teaching has worked?

A. Provide a written schedule and confirm that the parents can follow it
B. Ask the parents whether they have any questions about the new regimen
C. Arrange a follow-up call to check how the first doses went
D. Ask the parents to show and explain how they will give each medication

Answer: D

Question: 8

A nurse is planning care for an infant with a severe congenital anomaly diagnosed before birth. The parents have chosen to continue the pregnancy and have asked what will happen after delivery. Which element is most important to establish in the birth plan?

A. The parents' wishes for how they will spend time with their baby and what interventions they want attempted
B. The parents' understanding of the diagnosis and the likely course after delivery
C. The arrangements for bereavement support and the memory-making the team can offer
D. The interventions the neonatal team will provide at delivery, the criteria for continuing them, and who will decide

Answer: A

Question: 9

A grandmother who is the legal guardian of a child receiving hospice care tells the nurse that the child's aunt has been telling the child he will get better. What should the nurse do?

A. Explain to the grandmother that children usually recognize inconsistency, and become confused and anxious about it
B. Ask the child what he has been told about getting better and what he believes
C. Ask the grandmother what she would like the child to be told and offer to help the wider family agree it
D. Offer to speak with the aunt about the effect that inconsistent messages have on the child

Answer: C

Question: 10

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Parents of a child receiving hospice care say they are praying for a miracle and want the team to keep treating their child as though recovery is possible. What is the most appropriate nursing response?

A. Support their hope and avoid raising decline unless the parents introduce the subject themselves
B. Acknowledge their hope, ask what they are hoping for alongside it, and continue planning for what their child needs now
C. Acknowledge their hope, explore what they understand about their child's condition, and check what they expect
D. Explain compassionately that the child's condition will not improve and that the plan reflects that

Answer: B

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