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NCC Reproductive Health and Infertility



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Question: 1

Mutations of the cystic fibrosis transmembrane conductance regulator (CFTR) gene are highly associated with which of the following?

- A. congenital bilateral absence of the vas deferens (CBAVD)
- B. Klinefelter syndrome
- C. Y chromosome microdeletions involving a single azoospermia factor region

Answer: A

Question: 2

First-line pharmacological management for ovulation induction in anovulatory patients with polycystic ovarian syndrome (PCOS) should be:

- A. clomiphene citrate
- B. exogenous gonadotropins
- C. letrozole

Answer: C

Question: 3

Infertility is defined as regular, unprotected intercourse without conception after what length of time?

- A. 6 months
- B. 12 months
- C. 18 months

Answer: B

Question: 4

Which ART laboratory technique improves sperm selection for ICSI based on hyaluronic acid binding?

- A. PESA

- B. TESE
- C. PICS

Answer: C

Question: 5

During an IVF cycle, the progesterone level is elevated on the day of trigger. What is the most appropriate strategy?

- A. Proceed with fresh transfer
- B. Convert to freeze-all cycle
- C. Increase gonadotropins

Answer: B

Question: 6

During IVF, 15 oocytes are retrieved, but only 5 reach the blastocyst stage. What does this most directly reflect?

- A. Endometrial insufficiency
- B. Embryo developmental attrition
- C. Cervical factor infertility

Answer: B

Question: 7

A 29-year-old undergoing fertility evaluation has a BMI of 18 kg/m² and does intense endurance training. FSH and LH are low-normal and estradiol is low. What is the most likely mechanism of infertility?

- A. Functional hypothalamic suppression
- B. Ovarian follicular depletion
- C. Tubal occlusion

Answer: A

Question: 8

Ovulation occurs approximately how long after the luteinizing hormone (LH) peak?

- A. 7-9 hours
- B. 10-12 hours
- C. 13-15 hours

Answer: B

Question: 9

Which contraceptive method is most appropriate for a patient with history of estrogen-related thromboembolism?

- A. Copper IUD
- B. Combined oral contraceptive
- C. Estrogen patch

Answer: A

Question: 10

A patient with unexplained infertility has normal ovulation, a normal semen analysis, and patent tubes. What is the next evidence-based option?

- A. Bilateral salpingectomy
- B. Expectant management indefinitely
- C. Superovulation with IUI

Answer: C

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