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# Healthcare CCM-CMAC

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(CMAC)**



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## Question: 1

Which method would you use to gather information on patient satisfaction?

- A. Admission.
- B. Ambulation.
- C. Discharge date.
- D. Survey.

## Answer: D

Explanation:

To gather information on patient satisfaction effectively, one of the most commonly utilized methods is conducting surveys.

Surveys are tools designed to assess the quality of service provided, reflecting direct feedback from patients regarding their experiences and satisfaction levels. This method allows healthcare providers to collect valuable data about various aspects of the healthcare system, including the effectiveness of medical treatments, the behavior and professionalism of the healthcare staff, and the overall environment of the healthcare facility.

However, it's important to note that while patient surveys are beneficial, they do come with certain limitations. One major concern is that they may not always provide an accurate measure of performance. For instance, the subjective nature of satisfaction can vary widely among different patients, influenced by personal expectations, previous experiences, and individual patient needs.

Therefore, the design of the survey must be carefully considered to ensure it captures a comprehensive and representative understanding of patient satisfaction.

To mitigate these issues, surveys should be well-structured and include questions that are relevant, clear, and concise. It is also crucial to ensure that the survey takes into account the diverse needs of different patient groups. This could involve including questions specific to particular departments or services within the hospital or clinic.

Additionally, the timing and frequency of surveys can affect the quality of feedback received. For instance, conducting surveys immediately after discharge might capture more immediate reactions, while surveys sent out weeks after a visit might reflect longer-term perspectives on the care received. Ultimately, while surveys are a valuable tool for measuring patient satisfaction, they should be used in conjunction with other methods such as patient interviews, focus groups, and suggestion boxes to provide a more holistic view of patient experiences. These additional methods can help validate survey data and provide deeper insights into areas that may need improvement.

## Question: 2

When would you not choose the less expensive option in a cost benefit analysis?

- A. When the QI advise you to.

- B. When it jeopardizes safety.
- C. When the patient makes a request.
- D. Never.

## Answer: B

### Explanation:

In a cost-benefit analysis, the primary goal is often to maximize benefits while minimizing costs. However, there are critical situations where choosing the less expensive option is not advisable, even if it appears economically favorable at first glance. This decision-making process must consider various factors beyond mere cost, particularly when safety, quality, and ethical considerations are at stake. One pivotal scenario where you should avoid the less expensive option is when it jeopardizes safety. Safety is a paramount concern in many fields, such as healthcare, engineering, and transportation. In these industries, compromising on safety can lead to severe or even fatal consequences. For example, in healthcare, opting for cheaper medical devices or drugs that have not been adequately tested or proven effective could endanger patient lives. Similarly, in construction, choosing lower-quality materials could risk building integrity and safety. Therefore, decisions in these sectors need to prioritize safety over cost savings.

Another situation where the cheaper option might not be the best choice is when the quality of the outcome is critical. This is particularly relevant in sectors like manufacturing or services where the quality directly affects the brand reputation and customer satisfaction. Lowering costs by reducing quality can result in poorer customer experiences, decreased sales, and damage to reputation, which can have long-term financial impacts that outweigh the initial savings.

Ethical considerations can also lead to decisions against the less expensive option. For instance, a business might avoid sourcing cheaper supplies from vendors known for violating labor laws or engaging in environmentally destructive practices. Here, the decision to choose a more expensive but ethically responsible option reflects the company's values and commitment to corporate social responsibility. Furthermore, regulatory compliance is a critical factor that might necessitate higher expenditures. Sometimes, adhering to regulations—whether environmental, safety, or other standards—requires investing in specific technologies, processes, or materials that are not the cheapest available but are necessary to meet legal standards. Non-compliance can result in fines, legal action, and damage to the company's reputation.

Lastly, there are scenarios where client or customer preferences dictate choices that may not be the most cost-effective. For example, a client may request a specific material, technology, or method due to its performance, sustainability, or other features, despite it being more expensive. In such cases, fulfilling client requirements to maintain good business relationships and client satisfaction takes precedence over minimal cost savings.

In summary, a cost-benefit analysis is not solely about finding the least expensive option but rather about making a well-rounded decision that accounts for safety, quality, ethical implications, regulatory compliance, and customer satisfaction. These factors can justify choosing more costly alternatives when they offer greater value in areas that matter most to the business and its stakeholders.

## Question: 3

When a patient requires rehabilitation, the level of care needs to be determined. Of the following factors, which is the most appropriate to consider when making this decision?

- A. Does the patient require 24-hour nursing care to assist with daily activities?
- B. Does the patient have any mental health problems?
- C. What kind of prescriptions is the patient taking?
- D. What transportation is available to the patient?

**Answer: A**

**Explanation:**

When determining the appropriate level of rehabilitation care for a patient, various factors must be considered to ensure that the care setting matches the patient's specific needs. One crucial question to ask is: "Does the patient require 24-hour nursing care to assist with daily activities?" This question is significant because it addresses the patient's ability to perform essential self-care tasks, which is a core aspect of determining the intensity of care they require.

The necessity for 24-hour nursing care often indicates that the patient has substantial functional limitations or medical needs that require continuous monitoring and assistance. This level of care is typically provided in settings such as skilled nursing facilities or inpatient rehabilitation centers where comprehensive support is available. Such care might include help with bathing, dressing, medication management, and mobility, which are crucial for patients who are unable to perform these activities independently due to physical or cognitive impairments.

However, this is just one of several factors to consider. Other relevant considerations include: - **Loss of ability in performing activities of daily living (ADLs)**: Assessing whether the patient has experienced a decline in their ability to carry out activities such as walking, bathing, or dressing is essential. This assessment helps in determining the need for occupational or physical therapy. - **Need for daily physician oversight**: For patients with unstable medical conditions or those who require frequent medical evaluation, the need for daily visits by a physician is critical in deciding the level of care. - **Potential to tolerate intensive therapy**: Understanding whether the patient can handle intensive rehabilitation sessions, typically three or more hours per day, is crucial in planning the rehabilitation process. This determines if the patient can be placed in a more aggressive rehabilitation program. Additionally, other factors such as mental health status, the types of medications the patient is taking, and available transportation options might influence the decision. Mental health issues can affect a patient's motivation and ability to participate in rehabilitation, while certain medications might impact their physical capabilities or cognitive function. Transportation availability is also essential for outpatient care, where the patient needs to travel to a facility for therapy sessions.

In conclusion, while the requirement for 24-hour nursing care is a fundamental and critical factor to consider, it must be evaluated alongside other elements to decide the most suitable and effective level of rehabilitation care. Each factor contributes to painting a comprehensive picture of the patient's health needs and rehabilitation potential, ensuring that the care provided is tailored to facilitate the best possible recovery outcomes.

**Question: 4**

What is the plan used to promote the implementation of clinical guidelines and protocols?

- A. Clinical pathway.
- B. Algorithm.
- C. Dashboard.
- D. Assessment.

## Answer: A

### Explanation:

The question refers to the type of plan used to promote the implementation of clinical guidelines and protocols. The correct answer is "Clinical pathway."

A clinical pathway, also known as a care pathway, critical pathway, integrated care pathway, or care map, is a tool used in healthcare to manage the quality in healthcare concerning the standardization of care processes. It has been found to have numerous benefits including reducing variability in clinical practice and improving outcomes.

Clinical pathways are structured multidisciplinary plans of care designed to support the implementation of clinical guidelines and protocols. They aim to detail the essential steps in the care of patients with a specific clinical problem and are used widely by healthcare professionals. They are especially useful in coordinating care among multiple healthcare team members.

These pathways are designed to provide specific information on the day-to-day activities of all health care providers involved in the patient care process. They outline the goals and key elements of care based on evidence and best practice guidelines. Clinical pathways can vary in their format but generally include: - A timeline that outlines the expected progress of the patient. - Categories of care and specific interventions that should be implemented at various stages of the patient's care. - Criteria for evaluating the outcomes at short-term, mid-term, and long-term stages. - Provisions for documenting and managing deviations from the planned pathway which allows flexibility and individualization of care based on patient-specific needs.

In essence, clinical pathways facilitate the operationalization of health care policies into clinical practices and patient care, ensuring consistency and coordination among healthcare professionals, and potentially improving the quality and efficiency of care provided. They also serve as an educational tool for new staff and a means of reducing care costs through the minimization of unnecessary interventions.

## Question: 5

The type of readiness to learn that includes the client's background, skill, and ability to learn is known as which of the following?

- A. emotional readiness
- B. experiential readiness
- C. learning readiness
- D. social readiness

## Answer: B

### Explanation:

The correct answer to the question about the type of readiness that encompasses a client's background, skill, and ability to learn is "experiential readiness." This concept refers to a person's preparedness to acquire new knowledge based on their previous experiences, skills they have developed, and their overall capability to engage with new learning material.

Experiential readiness takes into account various factors that might affect a person's learning process. First, it considers the individual's background, which includes their cultural heritage and family

influences. Cultural factors can play a significant role in shaping how a person perceives, assimilates, and utilizes new information. Similarly, the environment in which a person was raised—their home environment—can impact their attitudes towards learning and education.

Furthermore, a person's socioeconomic status is another crucial element of experiential readiness. This aspect can influence the resources available to the learner, such as access to educational materials, exposure to diverse knowledge sources, and availability of supportive learning environments. These resources can significantly enhance or hinder a person's ability to absorb and apply new information effectively.

In addition to these background factors, experiential readiness also critically involves assessing a person's existing skills and their general ability to learn. This includes evaluating cognitive skills like memory, comprehension, and critical thinking, as well as practical skills that may be required for specific types of learning or professional training.

Overall, experiential readiness is a comprehensive approach to understanding a learner's preparedness, which helps educators, trainers, or healthcare providers tailor educational interventions that are most suitable to the learner's specific context and capabilities. By considering these factors, the learning process can be made more effective, accommodating, and responsive to the individual needs of the learner.

## Question: 6

The American Hospital Association developed the Patient's Bill of Rights. Which is the first of these rights?

- A. "The patient has the right to considerate and respectful care."
- B. "The patient has the right to and is encouraged to obtain from physicians and other direct caregivers relevant, current, and understandable information concerning diagnosis, treatment, and prognosis."
- C. "The patient has the right to make decisions about the plan of care prior to and during the course of treatment and to refuse a recommended treatment or plan of care to the extent permitted by law and hospital policy and to be informed of the medical consequences of this action."
- D. "The patient has the right to have an advance directive concerning treatment or to designate a surrogate decision maker with the expectation that the hospital will honor the intent of that directive to the extent permitted by law and hospital policy."

## Answer: A

### Explanation:

The first right in the American Hospital Association's Patient's Bill of Rights is "The patient has the right to considerate and respectful care." This right is foundational and sets the tone for the relationship between healthcare providers and patients, emphasizing the importance of dignity, respect, and considerate treatment in all interactions within the healthcare setting.

The Patient's Bill of Rights was developed to ensure that the healthcare environment respects and fosters the rights of patients. It serves as a reminder to healthcare providers and institutions of their duties and obligations to the people they serve. The inclusion of this right as the first item underscores the priority of treating individuals with decency and respect, regardless of their medical condition or personal characteristics.

Subsequent rights in the Patient's Bill of Rights build upon this initial declaration, addressing specific aspects of care such as the right to be informed about one's medical condition, the right to participate in

treatment decisions, and the right to privacy and confidentiality. Each right is designed to ensure that patients have a meaningful role in their care and are treated as partners in the healthcare process. In summary, the right to considerate and respectful care is not only the first but also perhaps the most overarching of the patient's rights. It encapsulates the essence of what it means to provide humane and ethical care and is a guiding principle for all other rights that follow in the Patient's Bill of Rights.

## Question: 7

Learning that involves changing to what a patient actually knows and understands is known as which of the following?

- A. Cognitive learning.
- B. Conscious learning.
- C. Affective learning.
- D. Psychomotor learning.

## Answer: A

Explanation:

The correct answer to the question is "Cognitive learning." This form of learning specifically refers to the process where there is a change or development in what a patient actually knows and understands. To further elaborate, cognitive learning is one of the three primary dimensions of learning, the other two being affective learning and psychomotor learning. Cognitive learning is deeply involved with the mental processes of perception, memory, judgment, and reasoning.

Cognitive learning focuses on acquiring new knowledge and modifying existing knowledge based on new information or experiences. This involves a range of mental activities that include thinking, understanding, learning, and remembering. For example, when a patient learns about the details of a new diet plan for diabetes management, the information they receive and understand alters their cognitive structure, meaning they have achieved cognitive learning.

In contrast, affective learning deals with changes in feelings, emotions, attitudes, or values. It is concerned with the manner in which people react emotionally and their ability to feel other living things' pain or joy. For instance, a patient learning to empathize with others who suffer from similar health issues is an example of affective learning.

Psychomotor learning, on the other hand, involves developing motor skills or the ability to perform physical tasks. This type of learning is concerned with physical movement and coordination. An example of psychomotor learning would be a patient learning how to administer an insulin injection themselves. In summary, cognitive learning is pivotal in healthcare settings as it directly influences a patient's knowledge and understanding about their health conditions, treatments, and necessary lifestyle adjustments. This type of learning not only helps patients comprehend medical information but also empowers them to make informed decisions about their health care.

## Question: 8

A nurse gives medical information to a friend of a patient who is not authorized. What is the risk?

- A. Defamation.

- B. Breach of confidentiality.
- C. Injury.
- D. Advocacy.

**Answer: B**

**Explanation:**

The risk associated with a nurse giving medical information to a friend of a patient who is not authorized to receive it is primarily a "Breach of confidentiality." Confidentiality in healthcare is critical and is legally protected under various regulations, including the Health Insurance Portability and Accountability Act (HIPAA) in the United States. These laws mandate the protection of personal health information and restrict access to it to only those who are directly involved in the patient's care or those who have been authorized by the patient.

Breach of confidentiality can lead to several negative outcomes. First, it undermines the trust between the patient and medical professionals. Trust is a cornerstone of effective healthcare, and when it's compromised, patients may be reluctant to share necessary personal information, which can impact their care. Secondly, unauthorized disclosure of health information can expose the patient to embarrassment or discrimination if sensitive information is made public.

Furthermore, such a breach can have legal consequences for the healthcare provider or institution. Penalties may include fines, sanctions, and damage to professional reputation. In some cases, it might also lead to legal action from the patient for violation of their privacy rights.

In summary, when a nurse gives medical information to someone not authorized to receive it, it is not only a breach of professional ethics but also a legal violation that can have severe implications for all parties involved. It is imperative for healthcare professionals to adhere strictly to laws and regulations regarding patient confidentiality to protect both themselves and their patients.

**Question: 9**

If a client is unable to cover the percentage of cost their Medicare health plan does not cover for durable medical equipment, what resource is available to pay that portion?

- A. Medicaid.
- B. TANF.
- C. SSI.
- D. Local support groups.

**Answer: D**

**Explanation:**

When a client covered by Medicare requires durable medical equipment (DME), Medicare typically pays for 80 percent of the cost, based on the lower of either the actual charge or a predetermined fee schedule amount. The payment is subject to any unmet deductible. However, this leaves the client responsible for covering the remaining 20 percent of the cost, which can be financially challenging for some individuals.

For clients who are unable to cover the 20 percent that Medicare does not pay, one valuable resource is local support groups. These groups often consist of community organizations and non-profits that focus

on supporting individuals with specific health conditions or financial hardships. Many of these groups have access to funds through donations, fundraising events, or grants specifically allocated to assist people in need of medical equipment but lacking the financial resources to cover the full costs. These local support groups can provide direct financial assistance or connect individuals with programs offering grants that help with the purchase of durable medical equipment. They may also offer guidance on how to apply for additional state or federal aid programs, which might be available to those who qualify based on income, medical condition, or other criteria.

The support from these groups not only alleviates financial burdens but also ensures that individuals receive the necessary equipment to improve their quality of life, maintain independence, and manage their health conditions effectively. Therefore, reaching out to local community organizations can be a crucial step for individuals struggling to cover the out-of-pocket costs associated with their medical equipment needs.

## Question: 10

What is the necessary physical distance between two people communicating?

- A. Context.
- B. Comfort proximity.
- C. Kinetics.
- D. Volume.

## Answer: B

Explanation:

Comfort proximity refers to the ideal physical distance that should be maintained between two individuals during communication to ensure both feel comfortable. This distance can vary significantly based on several factors including personal preferences, the relationship between the individuals, and the context of the conversation.

Firstly, personal space preferences are unique to each individual and are influenced by personal experiences and psychological comfort levels. Some people may prefer a closer distance which allows for quieter speech and more personal interaction, whereas others may require a larger buffer zone to feel comfortable.

Secondly, the nature of the relationship between the two individuals also plays a crucial role in determining comfortable proximity. Close friends and family members might naturally interact at a closer distance compared to acquaintances or strangers. Professional relationships also dictate a more formal distance as compared to informal or personal interactions.

Thirdly, cultural norms heavily influence what is considered an appropriate distance for communication. Different cultures have varying definitions of personal space. For instance, in many Western cultures, maintaining an arm's length distance is common in professional settings, while in many Eastern cultures, closer interactions are more acceptable and sometimes expected.

Lastly, the context in which communication takes place can also affect the comfortable proximity. In a noisy environment, individuals might need to come closer to hear each other clearly, whereas in a quiet setting, a larger distance might be more suitable. Furthermore, the physical setting, whether it is a public place, a private home, or a professional environment, can also dictate the appropriate distance to maintain.

Understanding and respecting comfort proximity is essential for effective communication and maintaining good interpersonal relationships. It ensures that all parties feel at ease during interactions, which can lead to more productive and positive exchanges.

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