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## AAFCS-HDFS

AAFCS Human Development and Family Studies (HDFS)



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## Question: 1

A two-year-old child always expresses anger anytime he fails to have things his way. Which of the following would be the most effective way for the child to change his attitude?

- A. Through associating with older children more.
- B. Through severe parental care and guidance.
- C. Through cohesive correction of the child.
- D. Through employing social therapy.

## Answer: C

Explanation:

The question is centered around finding the most effective method to alter the behavior of a two-year-old child who gets angry when things do not go his way. This scenario touches on aspects of emotional regulation and social development in early childhood. The answers provided suggest different approaches, and understanding their effectiveness involves considering developmental psychology principles, particularly how young children learn and adapt their behaviors.

Firstly, the option of the child associating with older children might seem beneficial as younger children often learn through modeling behaviors observed in older peers. Older children who display good emotional regulation might serve as positive role models. However, merely being around older children does not guarantee that the younger child will understand or emulate these behaviors, especially if the emotional outbursts stem from deeper unmet needs or lack of more direct guidance.

The repeated suggestion in the options is "Through cohesive correction of the child." This choice implies a consistent and understanding approach to correcting the child's behavior. Cohesive correction can be interpreted as a method where caregivers maintain a consistent strategy that combines setting clear expectations with empathy. It involves acknowledging the child's feelings, providing clear explanations of acceptable behaviors, and consistently enforcing rules. This method helps in teaching the child about consequences and self-regulation in a supportive environment, which is crucial at this age.

Severe parental care and guidance could be misinterpreted as overly strict or harsh parenting techniques. This approach might suppress the expression of anger temporarily but does not teach the child how to deal with these emotions constructively. It might also lead to fear or resentment, which could exacerbate behavioral issues rather than resolve them.

Lastly, employing social therapy is another suggested method. Social therapy involves structured interventions that focus on improving a child's social skills and emotional understanding. This might include role-playing, social stories, or therapeutic group activities. While potentially effective, the necessity and intensity of therapy should be considered based on the individual child's needs and the severity of the behavior.

Based on the cognitive and emotional development of two-year-old children, the most effective method suggested here would be through cohesive correction. This approach not only aims to correct the undesirable behavior but does so in a manner that is empathetic and educational, fostering both emotional and social growth. It supports the child in understanding their emotions and learning

appropriate ways to express them, which is more sustainable and beneficial in the long term compared to methods that might instill fear or provide no direct learning opportunities for emotional regulation.

## Question: 2

Writing an effective resume can be challenging and often frustrating for beginning job seekers. There are many useful templates that can be used to achieve a better, more marketable resume. Which of the below statements is a recommended resume creation tip?

- A. Always post your resume in the PDF format for easier searching on the company's part.
- B. Don't worry about small grammatical errors or misspellings; employers are more concerned with your experience.
- C. Highlight your achievements, awards and special considerations in a separate section or second page of the resume.
- D. Do not rely on the hard copy of your resume alone, post a copy to LinkedIn, Indeed, and other job boards, as they are becoming preferred by employers.

## Answer: D

### Explanation:

To answer the question about recommended resume creation tips effectively, it's important to analyze the options provided and identify the best practices for creating a resume that stands out to employers and is compatible with modern job-seeking platforms. Let's break down the options provided:

- 1. **Always post your resume in the PDF format for easier searching on the company's part.** - \*Analysis: While PDFs are useful for maintaining formatting across different platforms, they are not always the best format for applicant tracking systems (ATS) which many companies use to scan resumes for keywords. Therefore, this statement is misleading as PDFs can sometimes hinder the searchability of a resume.
- 2. **Do not rely on the hard copy of your resume alone, post a copy to LinkedIn, Indeed, and other job boards, as they are becoming preferred by employers.** - \*Analysis: This is a strong recommendation. In today's digital age, most employers and recruiters use online job boards and professional networks like LinkedIn to source candidates. Posting your resume online increases your visibility and accessibility, making it easier for employers to find you.
- 3. **Don't worry about small grammatical errors or misspellings; employers are more concerned with your experience.** - \*Analysis: This advice is incorrect. Attention to detail is crucial in a resume, and grammatical errors or misspellings can create a poor impression, suggesting a lack of professionalism or thoroughness.
- 4. **Highlight your achievements, awards, and special considerations in a separate section or second page of the resume.** - \*Analysis: This is generally good advice. It makes your achievements stand out more clearly to the employer, ensuring they are not missed when your resume is quickly scanned. However, whether to place them on a second page depends on the overall length and layout of your resume. It is often more impactful to keep them on the first page if space allows.

Given the statements above, the most recommended resume creation tip for modern job-seeking strategies is:

- Do not rely on the hard copy of your resume alone, post a copy to LinkedIn, Indeed, and other job boards, as they are becoming preferred by employers.** - This statement addresses a key aspect of modern job searching—increasing your digital presence. By posting your resume online, you adapt to the changing dynamics of job searching where digital platforms play a crucial role. It also helps in

reaching a broader audience, including recruiters who increasingly rely on these platforms to scout for potential candidates.

### Question: 3

Mrs. Lundy's students are having difficulty remembering the subgroups of stock funds. She creates a sentence which uses the first letter of each word to represent a type of fund. "Granny bought Lisa and Ivan several very pretty balloons" (Growth, balanced, long-term, aggressive, international, sector, value, precious metals, and blend) This is an example of which of the following?

- A. A riddle
- B. A mnemonic device
- C. A whip-around
- D. Word smartness

### Answer: B

Explanation:

A mnemonic device is a learning aid, strategy, or technique that aids in the memorization or retrieval of information. It usually leverages patterns of letters, ideas, or associations that help one remember the data more easily. Mnemonic devices are particularly useful in the field of education, where they help students enhance their memory and recall abilities, enabling them to retain larger volumes of information.

In the scenario described, Mrs. Lundy's use of the sentence "Granny bought Lisa and Ivan several very pretty balloons" is an example of a mnemonic device. Each first letter of the words in the sentence corresponds to the first letter of each subgroup of stock funds: Growth, Balanced, Long-term, Aggressive, International, Sector, Value, Precious metals, and Blend. This technique simplifies the process of remembering complex or numerous categories by associating them with an easily memorable sentence.

The mnemonic device employed here is particularly effective because it uses a simple and coherent sentence, making it easier for students to recall the information. It is not an acronym, where the first letters are typically formed into a new word; rather, it is a mnemonic sentence designed to trigger memory via initial letter cues.

This method differs from other learning tools such as acronyms, which also use the first letters of words but typically create a new word or term that might be easier to remember. It also is distinct from a riddle, which is a type of puzzle, a whip-around, which is an activity involving quick responses from a group in turn, or word smartness, which generally refers to verbal or linguistic abilities.

Thus, by using this mnemonic device, Mrs. Lundy effectively assists her students in memorizing the subgroups of stock funds through a creative and educational approach. This technique not only aids in memory retention but also makes the learning process more engaging and enjoyable for the students.

### Question: 4

An individual makes \$1,200 a month after taxes. Rent is \$750, and utilities are \$300, and a bus pass is \$30. What should be determined before adding savings to the budget?

- A. The individual should determine the flexible expenses next.
- B. The individual should determine fixed expenses next.
- C. The individual should choose a savings goal first.
- D. The individual should determine the debt next.

**Answer: A**

**Explanation:**

Before adding savings to their budget, the individual should first determine their flexible expenses. This is crucial because, unlike fixed expenses, flexible expenses can vary each month and may offer areas where spending can be adjusted to allow for savings.

In this scenario, rent (\$750), utilities (\$300), and the bus pass (\$30) are fixed expenses, meaning they do not change from month to month and must be paid. These amount to a total of \$1,080. After these fixed costs, the individual has \$120 remaining from their \$1,200 monthly income.

Flexible expenses, however, such as food, clothing, entertainment, and other discretionary items, can vary. By assessing how much is typically spent on these items, the individual can identify how much of the remaining \$120 can be allocated towards savings. If the flexible spending is not carefully managed, it might exceed the remaining budget, leaving no room for savings.

It is also important to note that no debt payments are listed in the budget. Often, debt repayment is considered a fixed expense due to its recurring nature and necessity. If there were any debts, these would need to be prioritized possibly even before savings, depending on the interest rates and terms of the debt.

After evaluating and possibly adjusting spending on flexible expenses, the individual can then decide how much they are able to save each month. It may also be beneficial to set a specific savings goal, which could influence spending behaviors and help prioritize savings in the budget. This proactive approach to budgeting ensures that essential expenses are covered, potentially harmful debt accumulation is avoided, and savings goals are steadily worked towards.

## **Question: 5**

Lawrence Kohlberg proposed six stages of moral development. Which of the following is not one of these stages?

- A. Pre-conventional
- B. Sensorimotor
- C. Mutual interpersonal conformity
- D. Social contract

**Answer: B**

**Explanation:**

Kohlberg proposed six stages of moral development. In the first stage, the pre-conventional, children focus on obedience and punishment. They obey so they won't be punished. In stage two, individualism and change, children behave to avoid punishment but also to seek a reward for good behavior. In the third stage, mutual interpersonal conformity, children want to please the people who are important to them, their parents or their peers. In stage four, students recognize the importance of the established

order. This is the law and order stage. The fifth stage, the social contract stage, students begin to understand the importance of individual rights and social contracts. The final stage is the principled conscience stage. In this stage, rarely reached by students, people develop ethical guiding principles for life. Sensorimotor is one of Piaget's Cognitive Development stages.

## Question: 6

What will benefit students with different types of exceptionalities?

- A. Computers.
- B. Bright lighting.
- C. Time for physical movement.
- D. Extra homework.

## Answer: A

Explanation:

Computers are a pivotal tool in accommodating the educational needs of students with various exceptionalities. The technology provides a platform that can be customized to fit the unique learning styles and requirements of each student. For instance, students who have difficulty with vision can benefit from computers because text size and screen brightness can be adjusted to meet their specific needs. This flexibility helps to reduce eye strain and improves readability, making learning more accessible.

Furthermore, computers support multimedia content which can be highly beneficial for students with developmental or behavioral challenges. Interactive programs and videos can capture the attention of students who might struggle with traditional learning environments. This type of engagement can promote better concentration and understanding of the material. Additionally, educational software often includes games and activities that are not only educational but also cater to varying motor skills and cognitive levels.

The ability of computers to provide individualized assignments is another significant advantage. Teachers can easily tailor lessons and exercises according to the student's pace and level of understanding. This personalized approach is crucial for students with exceptionalities, as it allows them to progress at their own speed without feeling pressured or left behind. It also enables teachers to track progress more effectively and adjust teaching strategies as needed.

Bright lighting, while a simple modification, can also enhance the learning experience for students with vision impairments. Proper lighting reduces glare and shadows that can obstruct learning materials, making it easier for these students to focus on tasks at hand. This is especially important in schools where ambient lighting may not be sufficient for students with low vision.

Large font sizes are another critical adjustment that can benefit students with visual impairments. By increasing text size, these students can better see and comprehend the material, which aids in reducing the cognitive load that comes with straining to read smaller prints. This adjustment can often be easily made on digital documents and web pages accessed through computers.

Time for physical movement is essential, especially for students with developmental or behavioral exceptionalities. Regular breaks that incorporate physical activity can help manage energy levels and improve focus. Movement activities can range from simple stretches to brief walks or more structured physical education, all of which contribute to better cognitive function and reduced disruptive behavior.

While extra homework might be beneficial for reinforcing learning in some students, it is not universally beneficial for all types of exceptionalities. Overloading students with additional tasks might lead to increased stress and diminished motivation, particularly for those who may already be struggling with learning barriers.

In conclusion, technologies like computers offer versatile and effective strategies to enhance learning for students with exceptionalities. By employing tools such as adjustable text sizes and brightness, interactive multimedia, and personalized assignments, educators can create a more inclusive and supportive learning environment. Additionally, simple environmental adjustments like bright lighting and scheduled physical activities can significantly improve accessibility and engagement for these students.

## Question: 7

Until the early nineties, employers were not required to give employees any time off. Maternity leave was considered a benefit provided to new mothers. The Family and Medical Leave Act (1993), or FMLA required employers to grant a specified amount of leave for qualified employees. Which of the employees listed below do not qualify for FMLA leave?

- A. Any employee that is volunteering out of the community in either a Red Cross or church affiliated service in the event of a natural disaster.
- B. Any employee caring for a newborn child, a newly adopted child, or a newly placed foster child entering the home.
- C. Any employee that is required to care for a seriously ill family member, such as spouse, child who is younger than eighteen years old, and parent.
- D. Any employee caring for a military service member who incurred an injury in the line duty, while on active duty.

## Answer: A

### Explanation:

The Family and Medical Leave Act (FMLA) of 1993 is a U.S. federal law that requires covered employers to provide employees with job-protected and unpaid leave for qualified medical and family reasons. This includes pregnancy, adoption, foster care placement of a child, personal or family illness, or family military leave. It is also important to note that the FMLA applies to public agencies, public and private elementary and secondary schools, and companies with 50 or more employees.

According to the FMLA, eligible employees are entitled to twelve workweeks of leave in a 12-month period for: - The birth and care of the newborn child of the employee. - For placement with the employee of a child for adoption or foster care. - To care for an immediate family member (spouse, child, or parent) with a serious health condition. - To take medical leave when the employee is unable to work due to a serious health condition. - For any qualifying exigency arising out of the fact that a spouse, son, daughter, or parent is a covered military member on "covered active duty."

To be eligible for FMLA leave, employees must have worked for their employer for at least 12 months, and 1,250 hours over the past 12 months, and must work at a location where the company employs 50 or more employees within 75 miles.

Given the guidelines provided by the FMLA, the question asks which employees listed do not qualify for FMLA leave. Among the choices given, the employees that do not qualify under FMLA are those described as "Any employee that is volunteering out of the community in either a Red Cross or church

affiliated service in the event of a natural disaster." This is because FMLA specifically covers leave for personal or family illness, care of a new child, or military exigencies, and does not extend to cover volunteer activities unrelated to these conditions, even if such activities are humanitarian in nature. Therefore, employees involved in voluntary disaster relief efforts would not qualify for FMLA leave and would instead need to use personal or vacation time.

In sum, while FMLA provides critical support for employees dealing with significant personal or family health issues and responsibilities, it does not encompass all forms of leave, including volunteer work in disaster relief, unless directly related to a military call to duty as specified under the terms for military family leave.

## Question: 8

In the purposes outlined for the FCCLA, what does cooperation in the home and community encourage?

- A. Strengthen the function of the family.
- B. Promote Family and Consumer Sciences.
- C. Promote greater understanding.
- D. Encourage democracy.

## Answer: D

Explanation:

The Family, Career and Community Leaders of America (FCCLA) is an organization that aims to promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.

One of the primary purposes of the FCCLA is to \*\*encourage cooperation in the home and community\*\*. This objective serves multiple facets:

**\*\*Strengthen the Function of the Family\*\*:** Cooperation in the home is crucial for nurturing a supportive family environment. When family members actively collaborate and communicate effectively, it enhances the family unit's stability and strength. This cooperative spirit helps in resolving conflicts, sharing responsibilities, and supporting each other's growth and well-being.

**\*\*Encourage Democracy\*\*:** By promoting cooperative practices in both home and community settings, the FCCLA fosters democratic values. Democracy thrives on participation, mutual respect, and a sense of community, all of which are cultivated through collaborative efforts. When individuals engage in democratic practices at home, such as making decisions together or respecting diverse opinions, they are more likely to carry these values into their community and civic engagements.

**\*\*Encourage Individual Involvement\*\*:** Individual involvement is critical in both family and community contexts. The FCCLA encourages members to take initiative and be proactive in their roles. This involvement can range from participating in family decision-making to volunteering in community projects. Active participation helps individuals develop a sense of responsibility and connection to their communal and familial networks.

**\*\*Promote Family and Consumer Sciences\*\*:** By encouraging cooperation, the FCCLA also underscores the importance of education in Family and Consumer Sciences. This field equips individuals with the knowledge and skills to lead better lives, manage resources efficiently, and improve their immediate

environments. Cooperation in learning and applying these principles enhances their relevance and effectiveness.

**\*\*Promote Greater Understanding\*\*:** Cooperation fosters empathy and understanding among individuals. By working together, family members and community participants can gain insights into each other's perspectives and challenges, leading to more compassionate relationships and inclusive communities.

In summary, the FCCLA's goal of encouraging cooperation in the home and community is multifaceted, supporting democratic values, individual involvement, and the strengthening of family functions, all while promoting the broader educational objectives of Family and Consumer Sciences. This holistic approach not only prepares members for their future roles in society but also instills in them the values necessary for a cohesive and progressive community.

## Question: 9

There is a new method of fraud in a state. Which office would be responsible to educate the public on a state level?

- A. The local advocacy groups are responsible for protecting the public from fraud and educate consumers.
- B. The USDA is responsible for protecting the public from fraud and educate consumers.
- C. The FTC is responsible for protecting the public from fraud and educate consumers.
- D. The state Attorney General is responsible for protecting the public from fraud and educate consumers.

## Answer: D

### Explanation:

When considering which office is primarily responsible for educating the public about fraud at a state level, the focus typically centers on the state Attorney General's office. The Attorney General serves as the chief legal officer of the state, with a broad mandate to protect the public and ensure justice. This includes various consumer protection duties, among which is the responsibility to educate and safeguard consumers against fraudulent activities.

The role of the state Attorney General in consumer protection is multifaceted. It involves not only prosecuting fraudulent activities but also implementing preventive measures through public education and awareness campaigns. These campaigns are vital in informing citizens about the nature of emerging fraud schemes and how to protect themselves against such threats. By providing these educational resources, the Attorney General helps to arm the public with the knowledge needed to avoid becoming fraud victims.

Although local advocacy groups also play a significant role in consumer protection, their reach and resources can vary significantly and may not cover the entire state effectively. These groups often work in specific communities or regions, and while their efforts are crucial, they typically do not have the same statewide mandate or capacity as the Attorney General's office.

Other federal agencies like the Federal Trade Commission (FTC) and the United States Department of Agriculture (USDA) also deal with aspects of consumer protection and fraud prevention, but their focus is generally more specialized. The FTC oversees commercial practices and antitrust laws, which may indirectly relate to fraud prevention. Meanwhile, the USDA primarily deals with agricultural-related issues, including certain types of market fraud.

Thus, when addressing the need for fraud education at the state level, the state Attorney General is best positioned and equipped to lead such initiatives. Their office not only has the legal authority and resources needed but also the broad mandate to protect all consumers across the state. This makes the state Attorney General's office the primary and most effective entity for educating the public about fraud in a comprehensive and statewide manner.

## Question: 10

Mekhai's wife, Leila, brought a young son, Tonio, to their marriage. After a few years, the boy's biological father severed his relationship with his son, and Mekhai decided to adopt the boy. After ten years, Mekhai's marriage to Leila broke up. What is Mekhai's responsibility toward 12-year-old Tonio?

- A. None. The boy's mother has sole responsibility.
- B. Legally none, but ethically some. He should provide some support.
- C. Legally, he must help support Tonio.
- D. He must support Tonio until his mother remarries.

## Answer: C

Explanation:

When an individual adopts a child, they are legally assuming all parental responsibilities for that child, which includes financial support, regardless of the relationship status with the child's other parent. In the scenario described, Mekhai adopted Tonio, making him Tonio's legal father. This legal relationship does not dissolve simply because Mekhai's marriage to Leila ended.

Adoption creates a permanent legal relationship between the adoptive parent and the child, akin to the relationship between a biological parent and their child. Therefore, despite the divorce from Leila, Mekhai is still required to fulfill his parental duties towards Tonio. This includes providing for his basic needs like food, shelter, education, and healthcare until Tonio reaches the age of majority (typically 18 years old, but this can vary depending on jurisdiction) or as dictated by any court orders or agreements that may stipulate different terms.

It is crucial to understand that in the eyes of the law, the adoptive relationship is indistinguishable from a biological relationship. This means that Mekhai's responsibilities towards Tonio are the same as they would be if Tonio were his biological son. The ending of Mekhai's marriage to Leila does not affect his legal obligations to Tonio. The fact that Tonio's biological father severed his relationship with him further solidifies Mekhai's role as his sole legal father, reinforcing Mekhai's responsibility for Tonio's upbringing and welfare.

In conclusion, Mekhai's legal obligation to support Tonio continues despite the dissolution of his marriage to Leila. He must continue to provide financial support and fulfill other parental responsibilities, ensuring that Tonio's developmental and emotional needs are met. This commitment is a direct result of the legal bond created by the adoption, underscoring the permanence and seriousness of adopting a child.

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